1

Emergency contact and medical details

Emergency

Name

contact details

Name

Phone Phone

3

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www.northyorkshire.police.uk

In an emergency, always dial 999

Call
North Yorkshire Police
On 101

4

Emergency medical information

Name Date of birth

Medical information

Instructions

Print on A4 paper, cut round the discs and fill in any relevant information that the emergency services should know about.

Fold disc 2 behind disc 1, then fold disc 4 behind disc 3, then fold disc 3 behind disc 1.

Place in your old tax disc holder, with disc 1 facing outwards (and disc 3 facing inwards).

Thanks to Malvern Cops
@MalvernCops for coming up
with this idea.